

Study Skills

Presented by the ASC

A large, solid dark blue shape that starts from the bottom left corner and extends diagonally upwards to the right, covering the bottom half of the slide.

Studying starts in the classroom

Whether it's taking good notes or just paying attention, study better and study less by being diligent with your time in class.



Start early and study often

Despite popular opinion, cramming is not effective for learning. Begin studying early so that the night before the test is about reviewing rather than learning new material.



A series of sprints, not a marathon

For best retention, it's shown that people should study in intervals of around 30 minutes followed by a ten minute break.



Sleep actually makes a difference

What good does information do if you can't remember it? Research shows that lack of sleep results in poor memory and decreased focus.



Get creative for the mundane

Create poems, songs, experiences,
mental pictures, and rhymes to better
remember facts and information.



Paint with the colors of the wind

Notes can be overwhelming. Use different colors to differentiate facts and topics to make studying visually simpler.



Reject the convenient option

Studying at home may be convenient but, between friends, family, and technology, it can be distracting. Try and find a space that promotes concentration, like the library!



Thanks for
checking out our
recommended
study tips for
academic success.

Of course, there's more to studying than just seven tips. The secret is discovering what works for you. Good luck, and be sure to drop by the Academic Success Center in the College Hill Library if you want to continue exploring success strategies.

Set up an appointment by calling
303.404.5372!